

StringThyme Music & Herbs is pleased to announce:

World-renowned medical herbalist & plant conservator Isla Burgess will return to Vashon to present:

THE DYNAMIC EVOLVING OF THE PLANT/PERSON RELATIONSHIP IN HEALING

June 21 - 22, 2014 | Saturday, 10 AM - 5 PM and Sunday, 10 AM - 4 PM

Isla is a visionary in the realm of understanding the interconnectedness of all beings, and she has an extraordinary ability to teach and inspire people from all walks of life. Now the scope of her pioneering work broadens to include ways we can observe plants evolving in our midst as we grow and change with them. Isla incorporates a huge respect for and knowledge of individual plants and their relationship with a changing world.

Throughout these two days you will:

- Work with a number of practical processes that allow for a deeper perception of the natural world, specifically the plants that grow around you.
- Combine these skills with your own senses to develop an awareness of an individual plant's actions and medicine.
- All can be done on your own or with a group.

Isla's workshop develops lifelong processes and skills that help you create a closer relationship with the natural world, specifically the plants growing around you. Isla incorporates her respect for and knowledge of individual plants and their relationship with a changing world.

Participants will have the opportunity to be part of an ongoing global collaborative research process that may eventuate in new plant profiles which are not fixed in time but continually evolving. Wherever you are on your personal learning spectrum, this unique opportunity with Isla will encourage and empower you as you go forward.



Isla Burgess

In Isla's words:

If I was a plant then I would describe myself as a cross between *Urtica dioica*, *Passiflora incarnata* and *Artemisia vulgaris*. A little of each but in no way an expression of each of their complex 'wholeness'. That I could not match. I am currently reading, researching and teaching about 'Plant-Directed Learning' and different ways of knowing. My time at Schumacher College, Devon, England studying for an MSc in Holistic Science and time spent with Hohepa Kereopa, a Tuhoi Tohunga has lead to a deeper

understanding of living in relationship with the natural world and in particular my relationship with the plant world.

I am told I am an inspiring teacher. I am an experienced herbal medicine practitioner with over 30 years experience and I have presented at conferences both in New Zealand, Australia, Canada and the United States. I work part time as a Women's Health Consultant in Wanaka, New Zealand, primarily prescribing whole plant medicine together with diet and lifestyle suggestions.

Being a part of two recent documentaries *Earth Whisperers Paptuanuku* (New Zealand) and *Numen* (USA) has been a pleasure and I am the author of *Weeds Heal. A Working Herbal*.

About the Weekend:

- ♦ **The workshop will be hosted by StringThyme Music & Herbs on Vashon Island, Washington**
- ♦ **It will run from 10 am - 5 pm on Saturday, June 21, and from 10 am - 4 pm on Sunday, June 22, 2014**
- ♦ **Lunch, tea and snacks will be included in the price of the workshop. Chef Brian will be joining us again!**
- ♦ **There are no overnight on-site accommodations though we will be happy to recommend B&Bs.**
- ♦ **Early Bird cost is \$295 before May 31st**

**FOR MORE INFORMATION AND TO REGISTER, PLEASE CONTACT:
Danielle McCutcheon at 206-462-0835 or email danielle@stringthyme.com**

REGISTRATION FEE: \$295 | \$350 (after May 31)

A deposit of \$150 will hold your spot. Send check or money order to:
StringThyme Music & Herbs, PO Box 13071, Burton, WA 98013

www.StringThyme.com